



Nancy D. O'Reilly, PsyD

Nancy D. O'Reilly, PsyD, a clinical psychologist and founder of the WomenSpeak Project, has worked with women in a strategic, problem-solving fashion for more than 25 years. She is the author of the self help book, *Timeless Women Speak: Feeling Youthful At Any Age*.

She is passionate about the WomenSpeak Project, which she founded in order to educate and offer women a place to share the experience of growing older in a positive and rewarding atmosphere. During more than 10 years of research she has asked more than 1,200 women of all ages the hard questions about growing older in a youth-driven society. Women find comfort knowing that they are not the only ones

who fear aging and who wonder if their value as a person will be compromised. "We women want more of everything wonderful in our next third of life."

For two years, Dr. Nancy hosted a weekly Internet radio show, *Timeless Women Speak*. She was nominated for Missouri's First Lady Award in 2008 and recognized as one of Springfield, Missouri's most influential women of 2007. She speaks frequently on women and aging, biofeedback, depression, migraine, mental health, constructive confrontation, workplace violence, and stress management. She gives radio and TV interviews, has published professional articles, and has presented her research at a national conference of the American Psychological Association. Her outreach to her readers continues to grow with a newly designed web site WomenSpeak.com, ongoing focus groups and articles and speeches. The website offers a wealth of resources about Health and Wellness, Relationships, Finances and Feeling Youthful at Any Age.

Dr. Nancy works consistently in her community and her state to uphold professional standards in the practice of psychology, to lessen the impacts of hunger on children, and to help women improve their personal and professional situations. In addition, she serves on the boards of directors or steering committees for Primary Care Network, United Way's Female Leaders in Philanthropy, Springfield Trust Company Women's Initiative, Lost and Found, American Association of Marriage and Family Therapy, and Breast Cancer Foundation of the Ozarks.

She is a Nationally Certified Traumatologist, Nationally Certified Crisis Responder and Crisis Team Leader, and was a People-to-People Ambassador and Wellness Delegate to Beijing and Shanghai, China for Health Providers in Holistic Medicine. She is a member of National Organization of Victim Assistance, American Psychological Association, National Wellness Association, Primary Care Network, American Counseling Association, American Association of Marriage and Family Therapists (clinical member), and Psi Chi National Honor Society (Psychology).