



Care For Yourself First, Then For Others

When women Connect4Good, there's no limit to what we can do!

Dear Dr. Nancy,

WomenSpeak is clarifying our focus on you! We'll help you create a quality life by taking care of yourself as well as you do for others.

We'll help you use your talents, time and treasures in connection with like-minded women who also want to make a difference. Each of us may achieve only small results by ourselves but when we combine our voices there is no limit to what we can do. So get out of your comfort zone, stoke your fire and live and work with joyful courage!

Watch for our two major new priorities:

- Women Connect4Good, a new website initiative for sharing solutions to the common challenges we all encounter when working with others for a good cause.
- A book-in-progress, in collaboration with many smart amazing women contributors, whose working title is: "What are you waiting for? Find your inner talents and strengths."

In our new online articles and weekly podcasts you will meet the smartest and sharpest women we can find to help with your career, business, health, relationships and staying fit and vital at any age.

This newsletter gives you quick links to new articles. We talk about the inner feminine qualities that make each of us strong leaders.

In This Issue

Women's Vulnerability a Strength
Top Your Own List
Passionate Optimism
Raise Strong Girls and Mentor Women

[Wipe Out Women's Woes](#)

Women work together really well...until they don't.

Women encounter many challenges when working with others.

Is it hard to find volunteers?

To work with boards?

To raise funds?



[Read our Social-Profit Survey results and then send us your top three tips for beating these organizational bugaboos.](#)

About raising daughters and mentoring the women around us. About living as role models to help other women move forward through fear and not let anything stop our dreams from coming true. About staying curious and eager to learn and grow and not letting the world's stereotypes and negative messages create barriers.



Women's Vulnerability A Strength in Business

Business trackers show that women bring strengths to the workplace that foster greater collaboration, a more caring culture, and greater success. [Read this expert's view of women's special gifts in workplace.](#)

Connect With Your Tribe for Yourself and the World



Reset your priorities: put yourself at the top of your list. As we reach out our hands to help each other, we can transform our own lives, our workplaces, and the lives of our communities.

[Read these tips from an expert for advancing your career and getting the skills needed for success.](#)



Passionate Optimism Creates a Vibrant and Fulfilling Life

Read how to seize each day and achieve your greatest satisfaction and excitement in life. Reject limitations and focus on growth and ability. [Even if you don't want to climb a mountain or learn to tap dance, read on.](#)

Raise Strong Girls and Mentor Other Women



What messages are you sending your daughters and granddaughters? What are you showing the women around you? [With some conscious choices, you can have a positive impact on the way other women work and feel.](#)

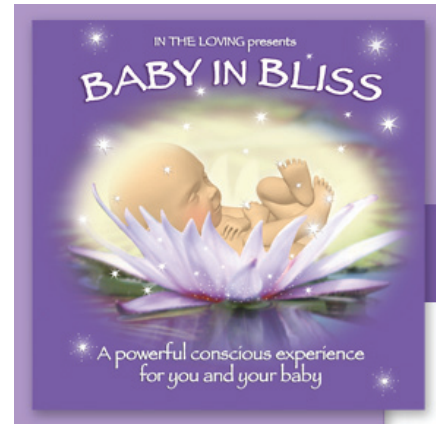
If we want to change the world we have to face our fears, find our passion and make it happen. Let us know what you think of our new look and tell us how we can serve you. It is our privilege to have a relationship with you.

God Bless.

Quick Links

[Women Connect4Good](#)
[Smart Amazing Podcasts](#)
[Care for Yourself](#)

Give that baby a blissful beginning.



[Click here to order](#)

Wouldn't you do anything in the world for your child or grandchild? Blissful music gives baby a great start..

Our Network adds new material every week. Don't miss it.

[Join Our Mailing List!](#)

Support Joplin Tornado Relief

The recent category F5 tornado that hit Joplin, Missouri destroyed a third of the city -- including more than 8000 homes -- and killed 156

Dr. Nancy
WomenSpeak Project

people.
Please
[volunteer](#) or [donate](#).

[Forward email](#)



Try it FREE today.

This email was sent to drnancy@womenspeak.com by drnancy@womenspeak.com | [Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

WomenSpeak Project | 3897 E. Villa Way | Springfield | MO | 65804