



ABOUT DR. NANCY

Nancy D. O'Reilly, PsyD, a clinical psychologist and founder of the WomenSpeak Project, has worked with women in a strategic, problem-solving fashion for more than 25 years. She reaches out to her audience with humor and uses real-life stories and approaches to help women find the information they need to fulfill their potential.

She is passionate about the WomenSpeak Project, which she founded in order to educate and offer women a place to share the experience of growing older in a positive and rewarding atmosphere. During more than 10 years of research she has asked women of all ages the hard questions about growing older in a youth-driven society. Women find comfort knowing that they are not the only

ones who fear aging and who wonder if their value as a person will be compromised.

Dr. Nancy speaks frequently on women and aging, biofeedback, depression, migraine, mental health, constructive confrontation, workplace violence, and stress management. She gives radio and TV interviews, has published professional articles, and has presented her research at the national conference of the American Psychological Association. Her outreach to her readers continues to grow with a newly designed web site, ongoing focus groups and through her web site WomenSpeak.com. The free *Ask Dr. Nancy* service offers women online screening advice, and women can review a wealth of resources about Health and Wellness, Relationships, Finances and Aging itself.

She is a Nationally Certified Traumatologist, Nationally Certified Crisis Responder and Crisis Team Leader, and was a People-to-People Ambassador and Wellness Delegate to Beijing and Shanghai, China for Health Providers in Holistic Medicine. She is a member of National Organization of Victim Assistance, American Psychological Association, National Wellness Association, Primary Care Network, American Counseling Association, American Association of Marriage and Family Therapists (clinical member), and Psi Chi National Honor Society (Psychology). In addition, she serves on the boards of directors or steering committees for Primary Care Network, Springfield Trust Company, Community Crisis Team of the Ozarks, Community Foundation of the Ozarks, and Breast Cancer Foundation of the Ozarks.